

CHADASHOT



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March 4, 2016
5776

24 Adar I

Eric LaGrand to be Keynote Speaker for Book Day



For the past six years, TABC has held Book Day, the culmination of weeks of reading and discussing a specific book by our entire school that is marked by a day devoted to various workshops in which issues and ideas relevant to the book are

discussed. The day always begins with a keynote speaker who establishes a theme for the day.

This year we are reading *The Other Wes Moore*, by Wes Moore, which follows the lives of two African-American men with the same name but very different life experiences. One became a Rhodes Scholar, among other great achievements, while the other is currently serving a life sentence for murder. Choices we make and the consequences they have for life, our own responsibility for our actions, as well as mentors that guide us through life, are key elements of this engrossing book.

This year, Eric LeGrand, a former Rutgers University football player, who sustained a spinal cord injury at C-3 and C-4 vertebrae, causing paralysis in his arms, hands, trunk and legs. Initially, doctors gave him a zero to five percent chance of regaining neurological function, but LeGrand persevered and began a long journey to recovery.

It is for this reason that we have asked Mr. LeGrand to address our students, as he is someone who has not allowed adversity to obstruct his success, but has made choices that have enabled him to persevere and "win" in a new way. We are certain that our students will find his story compelling and inspiring as he gives them the spirit with which to understand this special TABC Book Day on March 8th. [This article](#), published in The Record this past Sunday, will give you more information about LeGrand and his appearance at our school.

Rabbi Adler's Shiur at Poppy's

This week, Rabbi Adler took

his Y11 Gemarashiur to Poppy's for breakfast to celebrate finishing the sugya of Chamra v'Shikra.



TABC Educators Participate in IDEA School's Winter Sandbox

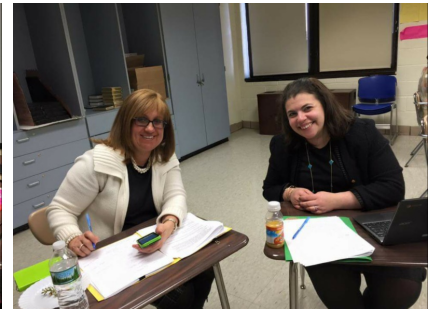
Mrs. Dassi Silverman and Ms. Lauren Burstein participated in IDEA School's Winter Sandbox, a teacher training workshop, this past Sunday. The event took place at Magen David and was led by Tikvah Wiener, Chief Academic Officer at Magen David. **The program brought teachers together from various parts of the New York area. Teachers collaborated to create Project Based Learning units to be implemented in their classrooms.** Both Mrs. Silverman and Ms. Burstein enjoyed the program very much and are eager to incorporate what they learned into their future academic units.

Sunday Learning

Sunday morning shiur with Rabbi Wiener is on!

8:50 AM Donuts & OJ
9 - 9:45 AM Shiur
in the Auxiliary Lunch Room

Join us and you get 1.5 hours of Night Seder Credit!



Students & Teachers Prepare for Book Day

As the enthusiasm builds for Book Day 2016, some of the English classes took one period to discuss *The Other Wes Moore*. The AP English Language and Composition class engaged in a lively **Socratic Seminar that began with the question: Do we**



control our own destiny? The 10G English class discussed the absence of father-son relationships in the book, and then pondered the question of whether we have choices in life. Rabbi Fridman's classes discussed **the transformative impact which Valley Forge Military Academy had on Mr. Moore, and how the ethos of military service- loyalty, sacrifice, discipline, integrity, stamina, and vigor- are actually core principles of Jewish religious life. "No exceptions, no excuses"** (p.115). For more photos, [click here](#).

Come **STORM** the Weather Center

Come cheer on the STORM Varsity Hockey Team on Monday Night at 8 PM at the TABC Weather Center as they take on the Frisch Cougars for the championship!



Freshmen and Seniors Learn about Skin Cancer

On Wednesday our freshmen and seniors heard from a health educator about the dangers of sun exposure in preventing skin

Friday Night Oneg

March 4

at the home of
Rabbi & Mrs. Josh Kahn
29 Harriet Avenue, Bergenfield

All students are invited for
delicious food, divrei Torah, and
hanging out with friends.
8:30 - 10:30 PM

Israel Report

Please click [here](#) for the latest
issue of the Israel Report

Kol Torah

Please click [here](#) for the latest
issue of Kol Torah

Upcoming Events

March 10
Late Night Learning

March 18-19
Pre-Purim Shabbaton

March 23
Ta'anit Esther
2:00 Dismissal

March 23
Purim at TABC

March 24
Purim
No Sessions

March 31
End of 3rd Quarter

Parnas HaYom

To dedicate a day of learning,
or for other sponsorship
opportunities, please contact
Sharon Rifkind, Director of
Development &
Communications at
201.837.7696 x123 or
Sharon.Rifkind@tabc.org.

cancer and melanomas. They watched a video which which illustrated various risk factors, and how to avoid them. It also showed active prevention methods that everyone in the family can take, such as using sunblock, how to identify mole irregularities and the dangers of tanning salons. The students were then each able to look at their face in a Dermascan in order to see any skin changes due to sun exposure. Our students are now more aware of the importance of sun protection.



Rabbi Blau's Class Has a Deliciously Creative Siyum



Rabbi Blau's Y18 Navi shiur made a siyum for having completed 5 sefarim in Trei Assar: Yonah, Yoel, Ovadiah, Amos and Chabakuk. They celebrated with different kinds of food. **Each food corresponded to one of the sefarim that they learned** (with one double counting as a reference to

Tzechaniah as well): Chip Ahoy cookies, Sour Sticks (with a lion on the package), Red Gushers, Lemon Lime soda accompanied by a candle. Can you guess how each one corresponds? Email [Rabbi Blau](#) with your answers!

Chaim Fromowitz Addresses Introductory Economics/ Financial Literacy Class

On Thursday, Feb. 25th, seniors in Mrs. Reichardt's Introductory Economics/Financial Literacy class were once again privileged to hear some investment advice and strategies from our very own TABC parent and dinner honoree, Mr. Chaim Fromowitz. Mr. Fromowitz delivered a very detailed and sophisticated presentation based on a college level introductory economics curriculum. **He spoke to the students concerning concepts such as valuation**



Double Your Support of Our Yeshiva

Do you work for AIG? Goldman Sachs? Quest Diagnostics? Pfizer? One of the many other companies listed [here](#)? Did you know that hundreds of companies throughout the US offer **matching gifts** to qualified 501(c)(3) organizations? Please inquire about matching your gift to TABC. For question, reach to [Sharon Rifkind](#) about Matching Gifts today.

Rabbi Jachter Being Honored by Project S.A.R.A.H



Mazal Tov to our own Rabbi Chaim Jachter, who will receive the **Rabbinical Support Award at the upcoming Project S.A.R.A.H 10th Annual Breakfast**

Sunday April 3rd 2016,
9:30-11:30am,
at Congregation Keter Torah.

The event is free and babysitting as well as valet parking will be provided. For reservations:
www.ProjectSARAH.org

Project S.A.R.A.H. (Stop Abusive Relationships At Home) provides services and resources for Jewish victims of domestic violence and sexual abuse throughout the state of New Jersey.

principles and returns on investments. Using valuation models, he demonstrated to students how they can assess what a business is all about- its cash flow, liquidation value, growing dividends and growth forecast. Once again, the students were very engaged and motivated by Mr. Fromowitz's presentation. Although it was a great deal of material for the class to absorb within one class period, we will continue to examine and study these factors in our regular classes for the remainder of the semester. Thank you, Mr. Fromowitz, for sharing your valuable time and expertise with our future investors!

10G American History Classes Simulate Constitutional Convention



In yet another role-playing learning activity the students of 10G American History staged a simulation of the Constitutional Convention this week. "Delegates" from the 13 new states attended and **debated the questions of representation in the Congress and whether**

to continue slavery in the new nation. Many heated discussions ensued over each state's stake in the new national government. From the onset, the only thing they all did agree on was that the Articles of Confederation were flawed. As "delegates" made motions which were seconded or discarded, Mrs. Reichardt constantly reminded students of all the key principles which they were to learn through this project. At last, on Wednesday, the "delegates" accepted Mr. Sherman's (Shua Weber) Connecticut Plan as a compromise for a bicameral Congress. They have yet to resolve the question of slavery and the slave trade- there most certainly will be much debate about that!

Junior College Night

This past Tuesday almost every junior family attended our junior college meeting for parents and students. **Each family came away from the meeting with information about the College Guidance program at TABC and a copy of the TABC College Handbook.** The meeting was also a kick off the individual meetings that the College Guidance Department has with every junior family. For junior families to schedule their meeting please call Mrs. Joanne Oppenheim (x139), in the principal's office, Monday through Thursday. Prime time slots are filled on a first-come-first served basis, so we encourage you to call as soon as possible.

History Bowl

The TABC National History Bowl and Bee Teams continue to

Follow us on Facebook!

Facebook is a wonderful way to see exciting snapshots of what's going on in TABC between issues of Chadashot. Follow us by clicking Like [here](#).

TABC Joins Team Yachad in Jerusalem Marathon

Torah Academy of Bergen County has been a friend of Yachad for several years and we are now glad to announce that we will be running with Team Yachad in the 2016 Jerusalem Marathon. We are excited and proud to be part of such a tremendous organization, and cannot wait to show our support while running through the streets of Jerusalem!

We are just slightly past the half-way mark of our fundraising goal. Every dollar counts, so please help out today.

[Click here to donate!](#)

Seeking Parent Volunteers

Family involvement at TABC is critical to our success. We are so grateful for the contributions that parents and alumni make of their time, skills and resources. We invite you to participate by joining one of our active committees for this school year. Please click [here](#) to see how you can get involved.

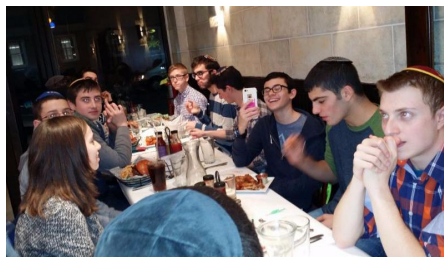
Tweeting Up A STORM!

impress. This past Sunday, at a competition held at Y.U. High School for Girls involving over 28 teams from two states, **TABC students were the only yeshiva students to qualify for the National Tournament and the event playoffs.** The

team of Meir Barg, Yehuda Koslowe, Zachary Ottenstein, A.J. Book, Yoni Katz, and Sam Schwartz participated in the playoff round of the New York City Tournament. The school's junior varsity squad of Nathanael Vinar, Yosef Kahan, Gershon Engel, Yonatan Kurz, and Yitzchak Tollinsky not only qualified for the playoffs but finished in second place losing to the eventual junior varsity team winner. In the individual History Bee in the junior varsity competition, Nathanael Vinar and Yosef Kahan qualified for the playoffs with Nathanael taking home the second place ribbon. On the varsity level, Orrin Kigner participated in the playoff round. Torah Academy of Bergen County was the only yeshiva high school in attendance to qualify for any of the playoff rounds.



Mock Trial Celebration



TABC's Mock Trial team celebrated their victorious season with dinner at Dougie's on Sunday night. They reached the Bergen County Finals and finished as County Runner Ups. Coach Ari Clark & Assistant Coach

Manny Landau shared inspiring words and gifts with their team, and a wonderful time was had by all.

Join Us for Purim at TABC

Please follow the Students Activities Page on Twitter @TABC Activities. Rabbi Miretzky, our new Student Activities Director, will be tweeting all about the excitement going on at TABC.



Chadashot is now archived on our website. In case you missed a week you can click [here](#) to view past issues.

TABC Torah Available Globally

Each week a new D'var Torah by one of our esteemed faculty members will be available online at www.yutorah.org/tabc. The series is well under way, so check it out!

Tomchei Shabbos Purim Cards

Check out our new & improved look!

This year, spread Purim joy while helping to feed a Jewish family in need for Shabbos. Send them a Tomchei Shabbos Purim Card

Tomchei Shabbos feeds over 600 individuals in Bergen County weekly and needs your help in supporting this worthwhile cause.

Cards can be bought from these wonderful establishments who graciously give up their counter space and time to make this campaign a success:

Best Glatt
Cedar Market
Chopsticks
Food Showcase (Fair Lawn)
Garden State Jewelers
Glatt Express
Grand and Essex
Judafca House
Maadan
Menagerie (Englewood)
Noah's Ark/ Shelley's
Poppy's



Local Residents ONLY may order online by emailing PURIM@TOMCHEISHABBOSOFBERGENCOUNTY.ORG

For more information, please email PURIM@TOMCHEISHABBOSOFBERGENCOUNTY.ORG OR call Margi Saks at 201-384-5553 or Keni Hushbaum at 973-747-2731 OR visit our website www.tomcheishabbosofbergencounty.org

In stores Feb 24th!

Tomchei Shabbos of Bergen County
19 Foster Street
Bergenfield NJ 07621

Tomchei Shabbos of Bergen County is a registered 501(c)(3) not-for-profit organization. Tax ID # 20-3074539

[Click here](#) for the full sized flyer.

!!! Save the Date !!!

Purim Night at TABC
Join us for megillah, break fast and a festive chagigah!
Wednesday March 23, 2016



See you there!

10th Grade Intramural Championship



In a thrilling overtime victory, 10th Grade Intramural Team 2 defeated Team 5 with a final score of 37-36. Down by over double digits Team 5 rallied to tie the game and eventually win before a packed house of students.

Maker XPO for Ages 3 - 120

Nefesh B'Nefesh Spring Aliyah Fair



make yourself HOME in Israel

New York Spring Aliyah Fair
Sunday, March 6th

Retirees & Empty Nesters: 10:30am
Families: 12:00pm
Student & Young Professionals: 3:30pm
Crownie Plaza Times Square
1600 Broadway @ 49th Street

Living in Israel can be more than a dream.
Hear from professionals about employment, communities, education, taxes, budgeting and retirement in Israel at the premier Aliyah event of the year. The Aliyah Fair will feature Israeli vendors and service providers to give you a head-start on your preparations. This is your opportunity to meet and network with other people planning Aliyah and get the tools and information for success.

REGISTER:
WWW.NBN.ORG/IL/NEWYORK

If Israel is your dream, let's make it home.

1-866-4-ALIYAH #MAKEITHOME

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CHALLENGE YOUR IMAGINATION
AT THE IDEA SCHOOLS' FIRST MAKERXPO

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x p o

BOOTHS FOR AGES 3-120
ELECTRONICS AND CIRCUITRY, APP CREATION, 3D PRINTING, VIDEOGRAPHY, MICRO-GREEN PLANTING, SENSORS, SECRET KNOCK DETECTORS, DESIGN THINKING, A FAIL FORWARD LAB, AND MORE!

A MAKERXPO IS ALL ABOUT CREATIVITY, TECHNOLOGY, AND BEING INSPIRED!

March 6, 2016

11 am - 5 pm

AT YAVNEH ACADEMY

155 FARVIEW AVE, PARAMUS, NJ

TO REGISTER, GO TO:

bit.ly/xpotickets

SCHOOLS

HAFTR, THE HESCHEL SCHOOL, MA'AYANOT HS, MAGEN DAVED YESHIVA, THE MORIAH SCHOOL, RYNJ, SAR ACADEMY MS, SOLOMON SCHECHTER DAY SCHOOL MANHATTAN, TABC, YAVNEH ACADEMY, YESHIVAT NOAM

ORGANIZATIONS

PRESENTENSE, THE SCHECHTER DAY SCHOOL NETWORK, STRATEGIC HEBREW, TEVA, VISRAEL, YU SCHOOL PARTNERSHIP

SPONSORS

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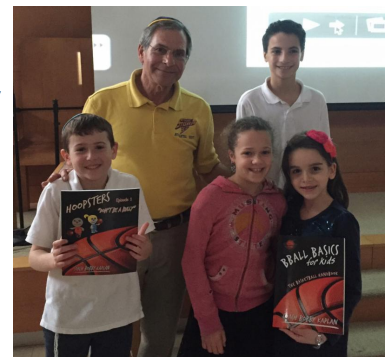
The I.D.E.A. Schools Network is funded in part by a grant from the Joshua Venture Group

Coach Bobby is Visiting Author at Moriah

The Moriah School invited Bobby Kaplan, author of the children's book "Hoopsters: Don't Be a Bully", to address their fourth and fifth grade students. Moriah, as had other elementary schools in the Bergen County area, integrated Coach K's second book into their anti-bullying curriculum.

Coach Bobby Kaplan took the students on a journey of how a book is developed and published. He also reviewed important bullying issues and possible solutions.

"Hoopsters: Don't be a Bully" is up for two national children's book awards and is the first in a planned series of books to help kids deal with contemporary situations. Coach Kaplan is also the author of the award winning publication "BBall Basics for Kids." The book is a step-by-step handbook featuring "Hoops," a playful basketball-loving cartoon friend who shows kids of all ages important skills and the right way to play the game. Prior to ending the sessions at Moriah, Coach Kaplan entertained questions from the students. He also asked the group for their suggestions of topics for his next book. Teamwork and



fitness/nutrition were the main themes.

Coach K is the Athletic Director for The Torah Academy of Bergen County (TABC), and has been coaching elementary, middle, and high school students for over forty years. His teams have played and won numerous championships before Knicks games at Madison Square Garden and before Nets games at the Izod Center. He has also owned and directed The Israel Basketball Academy (IBA) summer camp in New York State and Israel.

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